



SATURDAY, FEBRUARY 21, 2009

at
Lewiston Red Brick School
145 North Fourth St
Lewiston, New York 14092

Support Our Soldiers

All proceeds from this charity event will be donated to local military support groups. These groups provide needed assistance to local troops currently stationed in Iraq and Afghanistan and their families here at home.

This competition is open to all male and female athletes. SSA Sanction Cards will be available at weigh-in.

SCHEDULE

Early weigh-in: Friday, February 20, 2009 from 6:00PM - 7:00PM. Normal Weigh-in: Saturday, February 21, 2009 from 8:00AM to 9:00AM; Rules meeting: 9:00AM; Competition starts: 10:00AM.

ENTRY FEE

Each competitor: \$40.00 (\$15.00 for Military with I.D.), \$20.00 for each additional division. Team competition: additional \$40.00 for entire team (six competitors per team).

AWARDS

Individual competitors will receive a class trophy with place of finish inscribed. Lifters must complete a satisfactory lift. SSA rules will apply. (Hint: open light). Teams will be limited to six competitors per team. Outstanding lifter awards will be presented. Family teams welcomed.

WEIGHT CLASSES

97, 104, 114, 123, 132, 148, 165, 181, 198, 220, 242, 275 and SHW

DIVISIONS

Youth (9-10, 11-12), Teen (13-14, 15-16, 17-19), Junior (20-23), Open (24-34), Sub-master (35-39), Master (40-49, 50-59, 60-69, 70+), Police/Fire and Military Divisions.

EQUIPMENT

Raw and assisted (bench shirt). Singlets are required for SSA sanctioned lifters. All other lifters should wear proper lifting apparel. Shorts, workout pants and t-shirts are acceptable as long as judges can see bench contact (no excessively loose clothing). No offensive wording or designs on apparel.

AUDIENCE ADMISSION

Adults: \$3.00, children under 13: \$1.00

APPLICATIONS

Applications may be picked up at the Lewiston Red Brick School or Dennis Brochey's Automotive, 800 Center St, Lewiston NY 14092 or www.niagarapowerliftingclub.com

FOR INFORMATION

Call Dennis Brochey, Meet Director at 716-754-4009 (day), 716-200-3533 (evening), email: dennis.brochey@niagarapowerliftingclub.com or Marianne Gittermann, Lewiston Recreation Director at 716-754-1990

DETACH APPLICATION HERE. RETAIN WAIVER COPY AND MEET DETAILS FOR YOUR RECORDS.

Red Brick Classic Bench Press Championship VI Application
APPLICATION DEADLINE: SATURDAY, FEBRUARY 14, 2009.

Please FULLY complete application, READ and SIGN waiver on back and mail with check to: Lewiston Red Brick School, 145 N Fourth St, Lewiston, NY 14092. All information is needed for proper trophy presentation. Make checks payable to: Village of Lewiston.

NAME (FIRST, MI AND LAST)

DATE OF BIRTH (MM/DD/YY)

PHONE NUMBER

STREET ADDRESS

EMAIL ADDRESS

CITY

STATE/PRVN

ZIP CODE

HOBBIES/ACCOMPLISHMENTS (ACADEMIC, ATHLETIC, ETC.)

SSA PARTICIPATION: Yes No

GENDER: Male Female BENCH: Raw Single Ply Multi (Unlimited) Ply

WEIGHT CLASS: 97 104 114 123 132 148 165 181 198 220 242 275 SHW

DIVISION: Youth 9-10 Youth 11-12 Teen 13-14 Teen 15-16 Teen 17-19 Junior 20-23 Open 24-34
Sub-master 35-39 Master 40-49 Master 50-59 Master 60-69 Master 70+ Police/Fire Military

TEAM ENTRY:

TEAM NAME (SIX MEMBERS PER TEAM MAXIMUM)

TEAM MEMBERS:

- 1. 2. 3. 4. 5. 6.

COST: \$40.00 Individual \$20.00 Additional Division \$40.00 Team (per team) Amount Enclosed \$
\$15.00 Military with I.D. \$10.00 Late Fee

PLEASE SIGN AND DATE

DATE (MM/DD/YY)

WAIVER

(COPY FOR YOUR RECORDS)

I waive and release the Village of Lewiston, Niagara Powerlifting Club, contest facility, sponsors, Niagara Powerlifting Club and Village of Lewiston staff and volunteers and any other person(s) associated with this event from any liability from personal and bodily injuries I may obtain at the event or traveling to or away from the event. I realize that Bench Pressing is a dangerous sport and I choose to lift at my risk. I will forfeit all fees if I do not attend the contest for any reason or leave the contest on my own. If a case should arise with the Village of Lewiston or the Niagara Powerlifting Club, I agree to pay all legal fees, court costs and litigation expenses for myself and the Village of Lewiston and Niagara Powerlifting Club.

DETACH APPLICATION HERE. RETAIN WAIVER COPY AND MEET DETAILS FOR YOUR RECORDS.

WAIVER

(SUBMIT WITH APPLICATION)

I waive and release the Village of Lewiston, Niagara Powerlifting Club, contest facility, sponsors, Niagara Powerlifting Club and Village of Lewiston staff and volunteers and any other person(s) associated with this event from any liability from personal and bodily injuries I may obtain at the event or traveling to or away from the event. I realize that Bench Pressing is a dangerous sport and I choose to lift at my risk. I will forfeit all fees if I do not attend the contest for any reason or leave the contest on my own. If a case should arise with the Village of Lewiston or the Niagara Powerlifting Club, I agree to pay all legal fees, court costs and litigation expenses for myself and the Village of Lewiston and Niagara Powerlifting Club.

SIGNATURE (PARENT OR GUARDIAN IF UNDER AGE 18)

____ / ____ / ____
DATE (MM/DD/YY)